



body balance system

BODY BALANCE SYSTEM FREQUENTLY ASKED QUESTIONS (FAQS):

GENERAL USAGE & CARE QUESTIONS

What is a typical footbath detox session?

While immersing your feet in the water, positive and negative ions are emitted by the BBS system. This re-energizes the body and red blood cells. This type of system is described as a Detoxification machine because the response of a rebalanced body is to excrete any excess toxins via the kidneys, liver, bowels and skin. This process not only occurs DURING a detox footbath session, but also AFTER a treatment. The footbath triggers the body's lymphatic system and continues to detoxify for the next 24 to 48 hours. The entire process takes approximately 30 minutes for adults and is completely safe to use.

Studies show that an overall balancing effect occurs, coupled with a significant increase in the number of negative ions. Ions are atoms, or molecules, that have lost or gained electrons [Free radicals are unpaired electrons]. If the atoms or molecules lose electrons, they become positively charged ions. If they gain electrons, they become negatively charged ions. The ionic technique of cleansing through feet provides a full-body purge of all vital organs, resulting in reduced menopause symptoms, menstrual cramps, sexual health problems, skin problems, acne, sleep problems, restlessness, stress, toothaches, wrinkles, aches and pains and yeast infections. The internal cleansing can also assist in faster disease healing and injury recovery.

Because of poor diet and high stress, we tend to accumulate and store excessive quantities of toxins and overall waste products. During a 30-minute session, the ions enter your body and begin to neutralize these tissue acid wastes. This process is called reverse osmosis.

What is the water's role in the body?

Since the body is composed of 70% water, it is the perfect way to address wellness for the whole body. The benefits of detoxifying in this manner is similar to walking in the sand along the beach, only more powerful because your feet are in direct contact with the ions being created in the water. Water has an almost perfect balance of positive and negative ions. When you immerse a body mass into water, the vibration frequency of the water will affect the vibration frequency of the body due to the interaction of the magnetic and electrical field. It's an exceptional natural healing tool. It is a painless and relaxing process, and unlike prescription drugs, there are no harmful side effects.

What is the difference between the Renovati™ Cleanse II, IV and V Systems?

Renovati™ Cleanse II: SRP \$887

The Renovati™ Cleanse II is excellent for home. This **mid-power system** features one (1) preset Mode button for a preprogrammed session. The Mode button or Mode A makes for a carefree setup by simply turning on and pushing one button for a typical session. Mode A is set to start at 50% power for 5 minutes; and then continue at 100% power for the remaining 25 minutes. The System can also be manually controlled for a more defined and customized detoxification session. This unit has a 5-year warranty and comes with one (1) Sea-Onic™ Array (water module) and 4oz bottle of Sea-Onic™ Solution. A 220V Conversion is available upon request.



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Renovati™ Cleanse IV: SRP \$1,077

The Renovati™ Cleanse IV is one of our most popular units. This **high-power** system is excellent for multiple home users, as well as for light commercial use. It features 3 preset Mode buttons, each having a preprogrammed session. Mode A is preset to begin at 50% power for 5 minutes, and then continues at 100% power for the remaining 25 minutes. Mode B starts at 50% power for 5 minutes, and then continues at 80% for the remaining 20 minutes. Mode C runs at 50% power for 20 minutes. Setup is easy and is programmable for various detoxification protocols and health conditions. It also features a built-in hour meter, which positions this System for rental applications to enable revenue generation while you are relaxing at home. This unit has a 5-year warranty and comes with one (1) Sea-Onic™ water module and 4oz bottle of Sea-Onic™ Solution. A 220V Conversion is available upon request.

Renovati™ Cleanse IV Dual: SRP \$1,775

The Renovati™ Cleanse IV Dual system is a dual version of one of our most popular systems, the Renovati™ IV. This system can detox two users at the same time. This **high-power** system is excellent for multiple home users, as well as for light commercial use. It features 3 preset Mode buttons, each having a preprogrammed session. It also features a built-in hour meter, which positions this System for rental applications to enable revenue generation while you're relaxing at home. The Renovati™ IV Dual is flexible, thus offering either two users at one time, or, allowing one user to detox both their hands and feet in one powerful session. This unit has a 5-year warranty and comes with two (2) Sea-Onic™ water module and 4oz bottle of Sea-Onic™ Solution. A 220V Conversion is available upon request.

Renovati™ Cleanse V: SRP \$2,450

The Renovati™ Cleanse V is the newest and **most-powerful** innovation from Body Balance System™. This system infuses the ever-popular Renovati™ IV with more power, coupled with the new Aqua-Sonic™ Sound Therapy. This combined modality is offered in one, easy-to-use unit. The Renovati™ V is a professional grade unit featuring 3 preset Modes and is **more powerful** than any of our other models. This system is truly innovative and will allow users to treat their feet to a detoxification session, while infusing the wellness sound frequencies, known to balance the body and aid in healing. The system cycles through over 22,000 preprogrammed, targeted, therapeutic and healing frequencies that enhance detoxification. You may opt to override these frequencies and play your own choice of healing music with an MP3 player via the input on the back of the unit. Headphones may be plugged into the front of the unit to complete the listening experience.

This system allows session providers with the flexibility to increase the per session price from \$40 for a standard detox session, to \$65 for a detox infused with sound frequencies utilized for enhanced detoxification. You could easily generate \$14,000 to \$20,000 in additional annual revenue with a very small investment. The system comes with a switch to allow end users to take a footbath with, or without, the Aqua Sonic™ Sound Therapy. This unit has a 5-year warranty and comes with two (2) Sea-Onic™ water modules and a 4 oz bottle of Sea-Onic™ Solution. A 220V Conversion is available upon request.



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Renovati™ Cleanse V Dual: SRP \$3,800

The Renovati™ Cleanse V Dual is a dual version of the Renovati™ Cleanse V. This system infuses the ever-popular Renovati™ IV with more power, coupled with the new Aqua-Sonic™ Sound Therapy. This combined modality is offered in one, easy-to-use unit. The Renovati™ V is a professional grade unit featuring 3 preset Modes and is **more powerful** than any of our other models. This system is truly innovative and will allow users to treat their feet to a detoxification session, while infusing the wellness frequencies, known to balance the body and aid in healing. The system cycles through over 22,000 preprogrammed, targeted, therapeutic and healing frequencies that enhance detoxification. You may opt to override these frequencies and play your own choice of healing music with an MP3 player via the input on the back of the unit. Headphones may be plugged into the front of the unit to complete the listening experience.

This system allows session providers with the flexibility to increase the per session price from \$40 for a standard detox session, to \$65 for a detox infused with sound frequencies utilized for enhanced detoxification (*remember that this amount is doubled with two people using each system within the dual unit). You could easily generate \$28,000 to \$40,000 in additional annual revenue with a very small investment. The system comes with a switch to allow end users to take a footbath with, or without, the Aqua Sonic™ Sound Therapy. The Renovati™ V Dual is flexible, thus offering either two users at one time, or, allowing one user to detox both their hands and feet in one powerful session. This unit has a 5-year warranty and comes with four (4) Sea-Onic™ water modules and a 4oz bottle of Sea-Onic™ Solution. A 220V Conversion is available upon request.

How long does the water module (array) last?

Each BBS Sea-Onic™ Array (water module) lasts between 90-120 sessions. However, longevity of the Array depends on the type of water source used for the footbath. For maximum durability, the Array is made from medical-grade materials and does not contain lead or copper.

How often can an individual use the detox footbath system?

We recommend that users only conduct a Detox session every 48 to 72 hours. This resting and repair period gives the user's body a chance to recover and rejuvenate from the detox session. It is important to note that the body continues to detox during the 48-72 hour detox period following a footbath session. Using the system too much may cause fatigue and is not recommended if one is trying to achieve maximum results. Give your body a break! It needs some time to assimilate this boost of energy to the cellular system - *the source of ALL energy*.

Can people with Diabetes use the system?

Yes, but it is recommend that users with diabetes begin their detox protocol by using the system at a reduced power rate, coupled with a decrease in session length. 10-minute duration is recommended for the first session. If the user feels rejuvenated, then they can slowly begin to increase the time and rate over a period of 30-45 days.



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Can women whom are pregnant, those with a heart pacemaker, an organ transplant or epilepsy use the system?

No, the BBS detox footbath systems are not recommended for pregnant woman, anyone with a heart pacemaker, an organ transplant or epilepsy.

Why is it beneficial to use a foot massager before and after your Detox session?

A foot massager helps to further stimulate the lymphatic system and circulation. Further, the massager helps to relax the user so that they may better absorb the energy of the Detox session.

Why use a mineral supplement after your Detox session?

Currently, there is not a system on the market that can distinguish between "good" and "bad" minerals when the body is experiencing detoxification. Therefore, it is only natural for users to lose "good" minerals during a session. By including advanced supplementation into one's wellness protocol, they will enhance the benefits from the detox session. We recommend the EssenceSea™ Volixer™ Water Concentrate and/or Wild Crafted Grass™, which contain trace minerals.

Can I use the BBS Unit while taking prescription drugs?

As a rule of thumb, it is fine for people that use daily prescription drugs to use the BBS detox footbaths as long as they have consulted with their health professionals prior to use. For people on life-sustaining medications, we strongly recommend that you always consult with your health professional, possibly finish your course of medication, and then try the BBS systems.

Why do I feel tired after a footbath session? Why did I experience a boost of energy after a footbath session?

There are occasional reports of users feeling tired or actually full of energy after a footbath. Everybody is different and the results truly depend on the state of your personal Health & Wellness. For those who might feel tired, it is recommended to use the BBS unit in the evening before rest. Conversely, if you feel full of energy after a footbath, it is best to begin sessions in the morning.

Why is it a good idea to disinfect the Sea-Onic™ array after each bath?

The Sea-Onic™ array has been designed purposely to make sure that only the metal comes in contact with the bath water during the footbath. Further, the metal surfaces that come in contact with the water during the footbath have a substantial current going through the surface. This contributes to keeping the surface clean and free of the various toxins that are eliminated through the skin during the footbath.

However, it is an additional safety precaution to dip the Sea-Onic™ array into a 91% alcohol jar for several minutes after each bath. This will ensure that the array is thoroughly dried, reducing the possibility of unsightly surface rust and that no biological toxins remain on the array before it is stored in preparation for the next bath.

Can you use the BBS system within a bathtub for a full-body detox session? Jacuzzi/Spa?

The only BBS systems recommended for a full bathtub setting are the Renovati™ Cleanse II, IV, IV Dual, V and V Dual systems. As for use within Jacuzzis or spas, neither of these applications is suitable under any circumstances. Further, a spa unit probably contains chlorinated water.



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What kind of water should be used in the footbath?

Water from a well is the best solution. However, tap water, bottled spring water, or filtered water will work fine. Please keep in mind that you don't want to use distilled, softened, or reverse-osmosis water sources since the mineral content has been removed from this type of water. This lack of mineral greatly reduces the power of the BBS Detox System.

How can I measure my body's pH level?

Many people trust pH test paper products to provide a basic measurement of the body's current pH level.

The pH papers can measure either saliva or urine, such as with a pH Hydrion test paper.

A pH of 6.2 is the national average, while a health pH is between 7.0-7.4. In order to rapidly increase the pH, we recommend EssenceSea™ Sea-Alka™ or Volixer™ Water Concentrate.

Why is it a good idea to include other alternative therapies, including exercise, along with your Sea-Onic™ footbath detoxification regime?

Over time, the *Sea-Onic*™ footbaths will clarify the spinal fluid through which all the nerve impulses from the brain, onto the organs, must pass. This becomes an ideal opportunity to further facilitate the motion of these nerve impulses with the help of chiropractic adjustments, acupuncture, or other forms of alternative therapies.

Such adjustments or therapies will help the organs to function optimally. In addition, when the consumption of optimally hydrating water is increased, these therapies become exponentially effective, thus the value of the *Sea-Onic*™ footbath program is correspondingly increased.

As we have seen, a *Sea-Onic*™ footbath begins the task of displacing the old lymph by replacing it with cleared, mineral richer lymph. One thing that will help the process is to have a lymph massage after a *Sea-Onic*™ footbath.

One reason for this is that the lymph does not have a heart pump to make it circulate, so it relies on mechanical contractions of the muscle to move in the lymphatic system.

Another exercise that is valuable after a *Sea-Onic*™ footbath is to work on a mini-trampoline for a few minutes after the footbath session. This is a fast and effective way to enhance the lymph circulation.

Why is it a good idea to practice deep breathing while doing a Sea-Onic™ footbath?

One of the biggest components of body toxins is oxygen-robbing compounds. When doing a footbath, there is an opportunity to start practicing deep breathing while one is seated quietly. In turn, this will bring more oxygen into the body along with the small-cluster lymph that is generated by the *Sea-Onic*™ footbath. Therefore, the body will have an easier time of distributing this extra oxygen throughout the organs of the body.

It is well known that the cells of the organs get much of their oxygen from the blood that has gone through the lungs. But it is also true that organs bathe in the lymph and when this lymph is oxygen rich, from deep breathing during the footbath, the organs will have an additional supply of oxygen that can contribute to keeping them more functional.



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TECHNICAL & SCIENTIFIC

Are the systems compatible internationally?

Yes. A 220V conversion is available, upon request.

Why is it called a Sea-Onic™ footbath?

Please refer to our white paper: *The Power of the Sea: The Essential Component for an Optimal Sea-Onic™ Footbath Detoxification*, which may be found at www.bodybalancesystemonline.com. The name Sea-Onic™ was derived from the power that the sea possesses in our overall health, including the detoxification process. Our understanding of the complex chemistry involved in the Sea-Onic™ footbath has progressed to the point of confidence that there are tiny water bubbles, containing ions, throughout the footbath. These bubbles are moving in the footbath, similar to the current of the ocean. Then, as our understanding of the life-giving properties of the ocean has progressed, we found that a great deal of value could be added to the footbath by selecting a Sea-Onic™ Solution which is a conducting solution whose composition would be close to the mineral composition of the ocean. This also happens to be the mineral concentration of the lymph of a healthy individual. Through consideration of these facts, the Sea-Onic™ acronym was coined.

Why is the Sea-Onic™ footbath the leading detoxification system for the body?

Please refer to our White Papers, *Best Practices for Detoxification - Sea-Onic™ Footbath Systems*, for a more detailed explanation on our website: www.bodybalancesystemonline.com. After several years in development, Body Balance System now offers users a Sea-Onic™ footbath. The essential feature of this footbath is that it begins with the addition of the Sea-Onic™ Solution to the footbath water. This solution transforms that water into optimally hydrating water when the current passes through the array. The system applies a current through the water that will add potency to this optimally hydrating water. This will in turn stimulate the water to penetrate the skin of the feet more readily while permeating the lymph of the body over the half hour that the footbath operates. This systematic process tends to displace toxins out of the cells and into the bath water, while also into the body's elimination channels for recycling and/or disposal.

What exactly is the Sea-Onic™ Solution and why do I need to use it with my footbath?

The Sea-Onic™ Concentrate is an alkaline liquid mineral solution. This solution is a footbath water additive that was developed to replace sea salt. The Sea-Onic™ Concentrate has a similar composition to the lymph of a healthy individual, therefore providing all of the trace minerals needed by the body. It has been processed with the exclusive Volixer™ technology that alters the molecular structure of the water, thus reducing the cluster size. This hastens the permeability of the footbath water into the lymph while allowing for enhanced detoxification results. The solution also allows for better conductivity of the array while also protecting it for greater longevity. Approximately 10 footbaths can be taken per ounce of solution.

Why the new design for the Sea-Onic™ Footbath?

As a safety precaution, it is important to note that by positioning the cord completely outside the footbath, we make sure that no cord material can enter the footbath that could result in contamination. Also, by setting the array against the side of the footbath, we ensure that it will



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remain in place for the duration, even when the feet are moved in the water to stimulate the passage of water between the plates and onto the feet.

Further, we note that the array material has been selected expressly to minimize leaching of unwanted array components into the footbath. This design feature provides the best possible opportunity to select a broad spectrum of minerals from the *Sea-Onic™* concentrate solution for use in the charged water bubbles produced by the footbath.

Why is the *Sea-Onic™* Footbath safer than competitor products?

The water in the bath and the detailed configuration of the array plates ensures that the actual electrical current only flows between the narrowly spaced plates and serves to produce these tiny water bubbles that then safely penetrate the skin of the feet. The *Sea-Onic™* footbath is safe for the body because there is no actual current injected into the body as with other modalities.

Does the rust on the plates cause any harmful side effects?

We highly recommend cleaning the *Sea-Onic™* array after each footbath. The arrays should be cleaned using the brush supplied with the array. Not doing so will decrease the effectiveness of the array over time.

However, rust is a very old component of seawater and it has lost all biological activity, in other words it is biologically inert. Therefore, it will not harm the user if there is a small amount (only) of rust. This will not decrease the effectiveness of the *Sea-Onic™* array.

What are the footbath colors? How do I know the system is working?

BBS does not promote the use of color chart analysis. There is no scientific evidence backing up any type of color chart analysis. BBS is currently partnering with reputable scientists that are conducting research in order to better determine what process is truly happening in regard to the color change. It is important to note that what is coming out of the body is microscopic and may not always be visible. Further, the true detoxification occurs in the 48-72 hours following a detox session.

Why does the footbath water turn black in color?

The surface properties of the array are optimized to keep the array functioning at peak efficiency during its service life. Research proved that this could be accomplished by allowing the array to emit a steady stream of very pure iron oxide-suspended particles into the water, while the current passes through. Such particles are quite biologically inert and can easily be washed off the feet at the end of the footbath session with the Zen Spritzer™. However, they ensure that the surface of the plates do not acquire any undue contamination that would decrease the effectiveness of the bath.

Why is the color change of the bath water considered unimportant with the *Sea-Onic™* footbaths?

The *Sea-Onic™* footbath has been designed to optimize the surface properties of the array for circulating the sea minerals contained in *Sea-Onic™* footbath concentrate. Once optimized, the majority of the toxins are pushed through the lymph of the body for elimination through the kidneys.

At this point, the toxins released in the footbath water are no longer the most important action of the *Sea-Onic™* footbath. Therefore, some users will see a color change, but most users will not. This of course does not affect the effectiveness of the footbath in any way. On the contrary, the careful



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design of the *Sea-Onic*[™] concentrate and the *Sea-Onic*[™] array, themselves, contribute to a greater effectiveness of the *Sea-Onic*[™] footbath.

Why does the water color change?

The color change in the water can be attributed to a multitude of variances including, but not limited to: the water source quality used in the footbath; the type of lotions or other personal care items used on one's feet; the user's sweat, etc.

Is it possible to see a color change without feet in the water?

The answer is **Yes!** Even with no feet in the water, as opposed to having feet in the water, users will notice an orange/brown color. This color can be witnessed in varying degrees depending on the water source. This is normal with the BBS Detox System because the system's strength tends to cause more of a reaction when it comes into contact with the impurities from the water source.

DIET & NUTRITION

Why is it important to drink Optimally Hydrating Water after a *Sea-Onic*[™] footbath?

The action of the *Sea-Onic*[™] footbath is to displace the old lymph either back into the footbath water, or up towards the immune system, for disposal through the kidneys.

The lymph that is pushed towards the immune system for disposal needs to be processed by the immune system. The immune system relies heavily on water that contains alkaline (negatively charged) minerals that supply oxygen to "burn" the unwanted components in the old lymph (which is acidic, positively charged) before they can be recycled by the kidneys.

So, it is extremely valuable to replenish the supply of optimally hydrating water soon after, or even during, the footbath. Optimally hydrating water, such as *Volixer*[™] Water, contains a variety of alkaline ocean minerals and small water clusters. These are precisely the qualities that allow the immune system to function at its optimal level.

Are there additional actions to maintain the benefits of the detoxification process of the *Sea-Onic*[™] footbath?

Once a user takes a *Sea-Onic*[™] footbath at regular intervals, it becomes important to make sure that poor nutrition, and toxic environments, are not reintroducing toxins into the body as fast as they are being eliminated through the use of the footbath.

This means that users may want to decrease their consumption of acid-causing foods while increasing their consumption of alkali-causing foods. User may also want to consume more optimally hydrating water such as *Volixer*[™] Water, to stimulate their immune system into eliminating toxins as fast as they are encountered.

Another wise practice is to embark in a program of nutritional supplementation such as the *EssenceSea*[™] *Super Vitality Program*[™]. This will further help the body to detoxify and strengthen itself.

Why are liquid supplements better than dry?

Liquid supplements are much easier to absorb and metabolize than dry supplements. In the case of dry supplements, the body first has to break them down into a liquid form. Some of the vital nutrients



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may be lost in the process, due to inadequate break down by the body. Further, many dry supplements are in a form that is unrecognizable by the body, and are rendered virtually useless.

The EssenceSea™ supplements all come in liquid form fundamentally because it is still unknown how to put the life-force that our body needs in a dry supplement. The Essence Sea supplements include much additional life-force in the water of the supplement and many dissolved trace minerals that are necessary to help our body metabolize the supplement. Conversely, when dry supplements are consumed, the stomach must work overtime to wet them and coat them with digestive juices. This coating action might not contain enough trace minerals or enough small water clusters, thus decreasing the effectiveness of the supplement.

EssenceSea™ Product Questions

What is the Super Vitality Program™? How will it help with my detoxification process?

The *Super Vitality Program (SVP)* is made up of 5 components in the EssenceSea™ line: *Volixer™ Water Concentrate*, *Sea-Alka™*, *Sea Vitality™*, *Wild-Crafted Grass™* and *Sea-Odine™*. The program works synergistically to rejuvenate, support increasing vitality and assist in detoxification.

The SVP specifically addresses detoxification in two ways. Both the *Sea-Alka™* and the *Volixer™ Water Concentrate* components help to create an alkaline environment in the body, which is essential for providing the most effective detox., while the *Volixer™ Water* provides the optimal hydration needed.

The *Wild-Crafted Grass™* and *Sea Vitality™* both have potent chelating agents contained within that are needed to assist the footbath in effectively pulling heavy metals from the body. All of the components provide highly activated trace minerals that nourish blood and lymph to support the immune system and replenish what is lost during the footbath for revitalization.

Which EssenceSea™ products are the most beneficial for increasing the detoxification benefit?

Many heavy metals, Mercury in particular, can be difficult to remove from the body without the use of chelating agents. EssenceSea™ *Wild-Crafted Grass™* and *Sea Vitality™* both have potent chelating agents that will help the footbath detox more effectively pull the heavy metals from the body.

Can the Sea-Relief™ Gel be used on infants?

Yes, The *Sea-Relief™ Gel* can be used on infants, but should be washed off soon after application. It is important to note that the Gel is rather intense and can sting and/or begin to itch if left on too long.

If someone has a sensitive intestinal tract, what would be the appropriate use of the combinations of the Sea-Relief™ Gel, Sea-Vitality™ and Wild-Crafted Grass™?

The minerals in the *Sea-Relief™ Gel* will relax the intestinal track, as well as the muscles. For this reason, it is recommended to use the *Sea-Relief™ Gel* for one week. After this initial week, start taking half of the recommended doses of *Sea-Vitality™* and *Wild-Crafted Grass™* for an additional week.



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For a more subtle approach, you may also consider taking the Sea-Vitality™ and the Wild Crafted Grass™ together within the well-tolerated Sea-Vitality™ Smoothies. For all subsequent weeks, you can begin taking the full dosage.

Do you have any protocol for someone with ADD or ADHD?

In addition to cutting back on refined carbohydrates, gluten, wheat and prescription drugs as much as possible, the recommended usage of Sea-Relief™ Gel is to apply it over all the body, especially in the neck and head region. This will drive the equilibrium to a more composed approach to life. It will take anywhere from 24 hours to see an effect, in some cases, a full 3 months would be required to change the operation of the liver.

Is it ok to make Volixer™ Water with boiled water instead of distilled water?

Yes, it is ok to use boiled water, but keep in mind that boiling the water still may not remove some of the more complex contaminants.

The issues of drinking water contamination has been rendered very complex from the discovery that the etheric vibrations of the contaminants remain even after filtering the water, therefore people who respond to homeopathic causes may still feel the effect of the contaminants even after they have been filtered out. Boiling the water is the first stage of distillation, but multistage distillation is way more complex than just boiling.

If distilled water is not available, then, reverse osmosis water is the next best thing. If a reverse osmosis system is not available, professional multistage water filters is another solution.

There are a few multi-stage home distillers (in the \$1000 price range) that are almost as good as freshly bottled, commercial, distilled water from a reputable supplier. Most home distillers that can be purchased in department stores, typically sold for less than \$200, are not worth the money. However, if you are starting from clean well water that has been analyzed for contaminant, it may be that boiling the water is sufficient.

What is your opinion on filtered water either through a water filtration pitcher or standard filter add-on?

Distilled water is always your best choice when making Volixer™ water. Anything is better than raw tap water, so, a water filter is indeed better than raw tap water.

What is your opinion on a reverse osmosis system for the home?

In the US, it is possible to install a 17-stage, Reverse Osmosis (RO) filtering system for approximately \$800. This is almost as good as any commercial distilled water.

May we use the Sea-Relief™ Gel in place of the Sea-Onic™ Solution in the footbath?

Yes, one can use the Sea-Relief™ Gel instead of the Sea-Onic™ Solution for Sea-Onic™ footbath sessions. Give or take, this will allow for 10-30 times more utilization of the non-sodium ocean trace minerals than using the regular Sea-Onic™ Solution. The primary effects will be that the Sea-Onic™ footbath will become not only a detox modality, but also another modality to supply essential trace minerals to the body via the skin of the feet.